



## DIVISION OF PHYSICAL MEDICINE AND REHABILITATION

Department of Medicine  
University of Toronto

November 2022

### Monthly update Newsletter

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#### 1. Michael Catapano appointed Assistant Professor

Last month, we mentioned that Michael Catapano has joined us at Sunnybrook as active staff. We have learned this month that he has been appointed as an Assistant Professor in our division. Congratulations are extended to Michael upon this appointment. He may be reached at [Michael.catapano@sunnybrook.ca](mailto:Michael.catapano@sunnybrook.ca).

#### 2. Audrey Yap receives teaching excellence award

We recently heard that our own Audrey Yap received a Wightman-Berris Academy Individual Teaching Excellence Award in the postgraduate category for 2021-2022. This is a prestigious honour celebrating the impact that Audrey has had on learners. Congratulations are extended to Audrey on this well-deserved recognition. Audrey may be reached at: [Audrey.yap@sinaihealth.ca](mailto:Audrey.yap@sinaihealth.ca)

#### 3. The Toronto Rehab Telerehabilitation Toolkit, second edition, released

We were pleased to hear, from McKyla McIntyre, that the TRI Brain Rehabilitation Program and KITE Research Institute have released the second edition of their very useful TR-Telerehab Toolkit. McKyla is part of a group that just developed the new Toolkit to help providers implement and improve virtual rehabilitation. The first edition was released in the fall of 2020, soon after the start of the pandemic, and this was widely utilized across Canada and even internationally. Please see the attached sheet for additional links and information regarding the toolkit. McKyla may be reached at [McKyla.McIntyre@uhn.ca](mailto:McKyla.McIntyre@uhn.ca).

#### 4. Resident social event takes a spin

We were pleased to hear from our resident social committee, Team CTD (Chris, Tiffany and Dion), that recently, the group had a social event where they worked up a sweat at a spin class together on a lovely Sunday morning. Stay tuned to hear about more upcoming socials.



5. **Continuing Faculty Development offerings summarized**

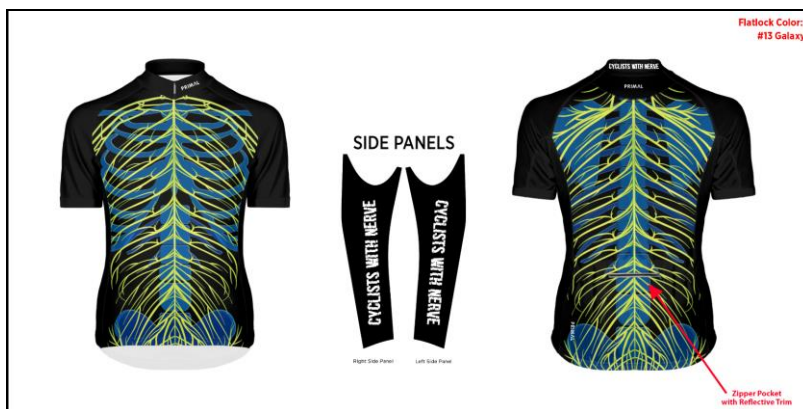
At a recent Department of Medicine Executive Committee Meeting, the University of Toronto Continuing Faculty Development Program discussed the current set of offerings that they provide. We have attached a slide set from CFD which lists a number of both foundational and advanced courses that faculty may be interested in. A number of our faculty have taken part in “Stepping Stones” and the “New and Evolving Academic Leaders (NEAL)” courses but there are a number of other interesting offerings as well. We also encourage you to look at the list of offerings and see if there are some that might be relevant to your current work portfolio. As you will see on slides 15-22, there is an opportunity to sign-up for free membership in the CFD programs which entitles you to two free workshops, special access to member-only advanced and exclusive discounts on some programs.

6. **Opportunity to make donations to U of T, PM&R Research and Education Fund**

As the end of the year approaches, we want to alert you to the opportunity to make a donation, either one-time or monthly, to the U of T, Physical Medicine and Rehab Research and Education Fund. This fund is used to support education of our trainees and research within our division – all of it stays within the Division of PM&R. Please see the link if you would like to make a donation: <https://engage.utoronto.ca/site/SPageServer?pagename=donate#/fund/594>

7. **Larry Robinson teaches brachial plexus to fashion designers**

Because there are no cycling jerseys with nerves (there are some with bones, blood vessels, and muscles), Larry Robinson took it upon himself to fill the gap for a jersey focused on peripheral nerves. This involved teaching the designers at [Primal](#), how to draw the brachial plexus in five easy steps, which was actually not all that easy. However, Larry knew that he could not appear in public wearing a shirt with an inaccurate brachial plexus. The design will look something like the one below (which still has corrections coming). If you would like to buy one, they will be available for a limited time from Primal. Please contact Larry Robinson (who does not have a financial interest in this, just a lot of nerve ☺ ) by December 15 for more information.



As always, let us know if you have stories of interest that you would like to have distributed.

Don't forget to connect with our Twitter site @UofT\_Physiatry.

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